

rock spa®

Monday to Sunday 8:00 am - 8:30 pm by appointment only
Reservations: (33) 96 90 86 67 | Cel / Whatsapp. 33 2348 3031
spa@hrhguadalajara.com

RESERVATIONS

For maximum convenience and flexibility, we recommend you to schedule your spa session in advance. All appointments must be guaranteed with a credit card. Please indicate at the time of booking if you have a preference for a therapist and we will do our best to accommodate your request. Children and young people under 18 years of age, as well as people with disabilities or a medical condition can schedule appointments at the Spa with a parent, guardian or medical manager present during the treatment. You may request a spa treatment after hour service, in this case, an additional 35% will apply above prices. Subject to availability.

CANCELLATIONS

Because we reserve spa services specifically for you, we ask that you give 24 hours advance notice, should you need to change or cancel your appointment.

Late cancellations or no-shows will be charged at full treatment price.

It can only be reprogrammed according to availability only in case of disease that is endorsed with a medical proof.

HOW TO ENJOY ROCK SPA?

Due to health protocols, if the service is not paid the appointment will not be honored, a guarantee of payment is needed.

All services must have a prior appointment to guarantee logistics times in the area, avoid crowds and to guarantee the sanitization of spaces.

We invite you to arrive punctually at the assigned time, this in order to avoid crowds and have enough time to register.

We are located on the 1st floor of the hotel's main elevator.

WHO HELPS ME CHOOSE MY TREATMENT?

One of our spa representatives will help you plan and make this the best experience.

WHAT DO I WEAR TO GO TO THE SPA?

Be comfortable! Wear a swimsuit for the steam experience and for the Spa service you can choose to remain in your underwear or use those provided by the spa during the treatment, it is important to emphasize that we continue to take sanitary and cleaning measures to perform your service. All of our therapists are procedural experts, ensuring your total comfort and privacy at all times.

It is important to emphasize going to the spa with the basics, going without jewelry, watches, bags, cell phones or unnecessary objects.

The spa is not responsible for lost or forgotten valuables.

WHAT PRECAUTIONS SHOULD I TAKE?

We recommend eating in moderation before your spa service. Appearing under the influence of alcohol, drugs or medication is cause for cancellation of treatment. On the other hand, we recommend that you do not shave your legs before a body scrub, as it can cause irritation.

Sunburn can prevent you from having or enjoying your spa treatment.

WHAT HAPPENS IF I FORGET AND DO NOT MAKE MY SPA APPOINTMENT?

Please do not forget it, you will lose your treatment without any kind of refund.

It can only be rescheduled according to availability only in case of illness that is supported by a medical certificate.

FEES AND TIPS

Our goal is to provide exceptional service and of course additional tips are always welcome, but not expected. You can charge your spa services to your room or charge them to a credit card (Visa, Master Card, American Express, Bank Transfer or Bank Deposit), we also accept cash payments.

SANITARY MEASURES

We appreciate that you let us know, if you present any situation of discomfort or have a medical diagnosis at this time that compromises your health, To avoid going to the service and notify in time about this situation.

- A diagnostic sheet will be carried out prior to the service and a specific interview about symptoms or if you are a candidate to be able to take the therapy.
- In the case of detecting any type of symptomatology at the time of your therapy and it was not reported in your diagnosis file, the therapy will be terminated and your service will not be reimbursed.

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RHYTHM & MOTION

FACE THE MUSIC	50 MIN	\$1,900 M.N.	80 MIN	\$2,500 M.N.
SYNCHRONICITY	50 MIN	\$1,700 M.N.	80 MIN	\$2,000 M.N.
SMOOTH OPERATOR	50 MIN	\$1,700 M.N.		
WRAP REMIX	110 MIN	\$5,700 M.N.		

RELAXING EXPERIENCES

HOLISTIC RELAX	50 MIN	\$1,400 M.N.	80 MIN	\$1,700 M.N.
	110 MIN	\$2,100 M.N.		
DEEP TISSUE	50 MIN	\$1,600 M.N.	80 MIN	\$2,000 M.N.
	110 MIN	\$2,400 M.N.		
MOM TO BE	50 MIN	\$1,900 M.N.	80 MIN	\$2,300 M.N.
COUPLES TREATMENT <small>INCLUDES AROMATHERAPY STEAM SERVICE AND TWO BOTTLES OF CHAMPAGNE PER COUPLE (187 ML)</small>	50 MIN	\$4,300 M.N.	80 MIN	\$4,900 M.N.
	110 MIN	\$5,700 M.N.		

THERAPIES

HOT STONE MASSAGE	90 MIN	\$2,100 M.N.		
AROMATHERAPY	90 MIN	\$1,900 M.N.		
DETOX	80 MIN	\$1,800 M.N.	110 MIN	\$2,300 M.N.
HERBAL POULTICE MASSAGE	90 MIN	\$2,100 M.N.		
COUPLES TREATMENT <small>INCLUDES AROMATHERAPY STEAM SERVICE AND TWO BOTTLES OF CHAMPAGNE PER COUPLE (187 ML)</small>	90 MIN	\$5,700 M.N.		

RITUALS

FUSION AGAVE MASSAGE <small>RELAXING AROMATHERAPY, DEEP TISSUE, SIHATSU REFLEXOLOGY AND LYMPHATIC DRAINAGE</small>	90 MIN	\$2,100 M.N.		
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"ROCK SPA® SERVICES OPEN FOR ADULTS. CHILDREN AND YOUTH UNDER THE AGE OF 18, AS WELL AS SENIOR CITIZENS, CAN SCHEDULE APPOINTMENTS AT THE SPA WITH A PARENT OR GUARDIAN PRESENT DURING TREATMENT. YOU MAY REQUEST A SPA TREATMENT AFTER HOUR SERVICE, IN THIS CASE, AN ADDITIONAL 35% WILL APPLY ABOVE PRICES." SUBJECT TO AVAILABILITY.
ALL OUR TECHNIQUES TAKE REFLEXOLOGY IN FEET, HANDS AND HEAD. REMEMBER THAT WE HAVE GIFT CERTIFICATES AND WE ARE OPEN TO THE GENERAL PUBLIC. ALL OF OUR SERVICES REQUIRE AN APPOINTMENT. IN THE SOCKET OF SERVICES, FREE PARKING.

UNIQUE EXPERIENCES

TAKE IT SLOW • RELAXING MASSAGE • FACIAL TREATMENT	100 MIN	\$3,060 M.N.		
ROCK DJ • DEEP TISSUE • INTENSE ESSENTIAL	160 MIN	\$4,600 M.N.		

FACIALS

ROCK FACIAL <small>(PURIFYING)</small>	60 MIN	\$1,700 M.N.		
DETOXIFYING	90 MIN	\$2,200 M.N.		
ESSENTIAL SHOCK INTENSE	90 MIN	\$2,600 M.N.		
VITAMIN C	90 MIN	\$2,200 M.N.		
REJUVENATING ANTIOXIDANT	90 MIN	\$2,200 M.N.		
FACE RELAXATION	30 MIN	\$800 M.N.		
VEGAN ROCK	60 MIN	\$2,500 M.N.		

ADD ON'S (UPGRADE)

RELAXING NECK AND BACK TREATMENT	30 MIN	\$950 M.N.		
DEEP NECK AND BACK TREATMENT	30 MIN	\$1,200 M.N.		
DECONGESTANT EYE TREATMENT	15 MIN	\$450 M.N.		
FOOT REFLEXOLOGY	30 MIN	\$800 M.N.		
	60 MIN	\$1,600 M.N.		
FEET REFLEXOLOGY	60 MIN	\$2,100 M.N.		
LEG WRAP				
STEAM WITH AROMATHERAPY	30 MIN	\$500 M.N.		

BODY

BODY EXFOLIATION	50 MIN	\$1,300 M.N.		
SUN RELIEF WRAP	50 MIN	\$1,300 M.N.		
DETOXIFYING WRAP	50 MIN	\$1,600 M.N.		
CHARDONNAY GRAPE ANTIOXIDANT TREATMENT	50 MIN	\$1,600 M.N.		

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